



Transitioning to Value Based Oncology: Strategies to Survive and Thrive

#### 2012 CANCER CENTER BUSINESS SUMMIT



Transitioning to Value Based Oncology: Strategies to Survive and Thrive

Oncology's Fit in an ACO World: Report of Findings of the 2012 Cancer Center Business Summit Industry Survey

## **Disclosure Information**

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# Oncology's Fit in ACOs

# One Line of Thinking . . . Oncology/Cancer Care is



- Low incidence
- High cost
- Too much variation
- Too complex of a condition
- Therefore, why bother?

# Why Bother?

- \$128 B U.S. annual cancer spend is second only to cardiovascular related conditions
- Cancer = 1% of patient population, but 10% of healthcare costs
- Average annual cost for cancer patient = \$80,000 to \$110,000 v. \$6,800 average per capita all patients
- Known: cancer spend can be reduced by 7% to 13%
- Oncology contribution to shared savings can get close to = all PCP savings combined



# **Putting the Savings in Perspective**

Cancer incidence rate per 1,000 Medicare population	21
Average cost per cancer patient (during MSSP year)	\$80K
Average cancer cost per 1,000 Medicare lives	\$1.7M
Potential cancer cost savings rate (7% to 13%)	10%
Potential cancer cost savings per 1,000 Medicare lives	\$170K
"Average size" ACO in # Medicare lives (50-150 PCPs)	17,000
"Average size" ACO potential cancer cost savings	\$2.9M

## The ACO World as of October 2012



**32** Medicare Pioneer ACO s

116 Medicare MSSP ACO s

**6** PGP Transition Demos

**200** Commercial ACOs

**400** Medicare ACO Applications

for class of January 2013

350 ACOs and Counting (9% market share)

2.5 M Medicare ACO Beneficiaries = 5% Medicare Population

### **Medicare ACO Basics**

- ACO is the vehicle through which CMS looks to transition health care delivery from volume-based to value-based
- The Triple Aim:



- Primary care oriented: Medicare beneficiaries attributed to PCPs associated with the ACO (100 – 300 attributed per PCP)
- ACO providers share cost savings below FFS-based Expenditure Benchmark (50%/50% MSSP – 60%/40% Pioneer)
- Excludes 99<sup>th</sup> percentile outlier costs (about \$100,000)
- " If ACO is effective, then someone is making less money"

### **Commercial ACO Basics**

- Same basic objective as Medicare ACO, but a bit more practical focus on reducing costs (claims)
- Typically involves a commercial health plan + physicians +/hospital in a customized contractual arrangement (often no new "O" in Commercial ACO)
- Health plan pays something different, a "premium," for improved outcomes and reduced costs
- Predominantly PCP oriented, but more recently an interest in incorporating specialists – specialty specific ACOs
- Payment methodologies vary widely, for example: pmpm, care management fee, but often with a shared savings basis
- Currently more Commercial ACOs than Medicare ACOs

# The 2012 Summit Industry Research Survey

## **Survey Participants by Region**

Location	Medicare ACO	Commercial ACO*	Thought Leaders	Totals
Northeast	13	1	6	20
Southeast	7	2	5	14
Midwest	7	1	5	13
Southwest	5	0	1	6
West	8	1	0	9
National	0	2	0	2
Totals	40	7	17	64

<sup>\*</sup>Commercial ACOs interviewed were ones that have an oncology-specific component Focused interviews conducted by Candice Leonard, PhD. June – August 2012

# Survey Inquiries & Responses

## **Specialists in Medicare ACO leadership role?**

Specialty	Number	Percent
PCP exclusive	8/40	20%
Yes, Oncology	15/40	38%
No Oncology, but Yes, other specialties	13/40	33%

Of the 13 responses, "No Oncology, but YES, other specialists," the predominant "other" specialty was Cardiology 11/13

# Survey Inquiries & Responses

## **Oncologists Participating in ACO Shared Savings?**



# **Survey Inquiries & Responses**

## **Medicare ACO - Commercial ACO Relationships**



Moving toward multi-Payor, addressing the "free rider" effect?

# Toward Accountable Cancer Care Environmental Characteristics

## It's a Sea Change

- Different than integrated healthcare of the '90's: IT connectivity data analytics, decision support tools
- Care coordination emphasis
- Patient-centered orientation



#### It's About the Data

- Quality and outcome measures must prove it
- Forces us to examine how we do things
- You won't get the referrals if you can't prove you're cost effective

# Toward Accountable Cancer Care Environmental Characteristics

## **New Payment Models**

- Fee-for-service expected to be phased out in 5 -10 years
- No consensus on best pay methodology
- But oriented toward shared savings approach you prove it and we'll share it

## **Pathways**

- General acceptance that pathways reduce variation and costs and improve outcomes
- The high cost of drug is the elephant in the room
- Health Plan: "Yes, from time-to-time we have conversations with pharma about drug prices. The conversation is quite simple. We ask and they say here's our price"

# Toward Accountable Cancer Care Moving Toward Value



## **The Patient Experience**

- Communication breakdowns must fill the gaps
- Educate and engage patients re goals of treatment, prognosis, side effects
- Timely advanced care planning

## Fragmentation – Lack of Coordination

- Formal care management agreements among providers clearly define the patient hand offs - the transitions
- Navigators define scope and identify who will pay for them

# Toward Accountable Cancer Care Moving Toward Value

## Unnecessary use of ER

- Keep treatment patients out of the ER
- Pro-active treatment of side effects
- Patient access to provider 24/7 nurse triage protocol

## **Oncology Medical Home**

- A recognized care model that enhances communications, coordination, physician accountability
- Increased interest from Payors in specialty medical home – cancer and CKD in particular
- Costs of transition to the oncology medical home model is a barrier to more widespread adoption

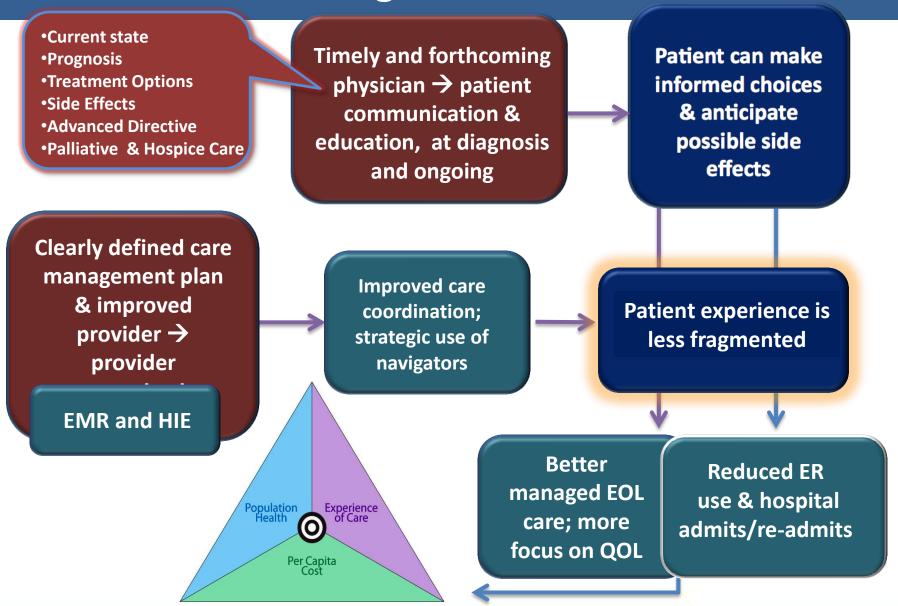
# Toward Accountable Cancer Care Moving Toward Value

#### **End-of-Life Care**

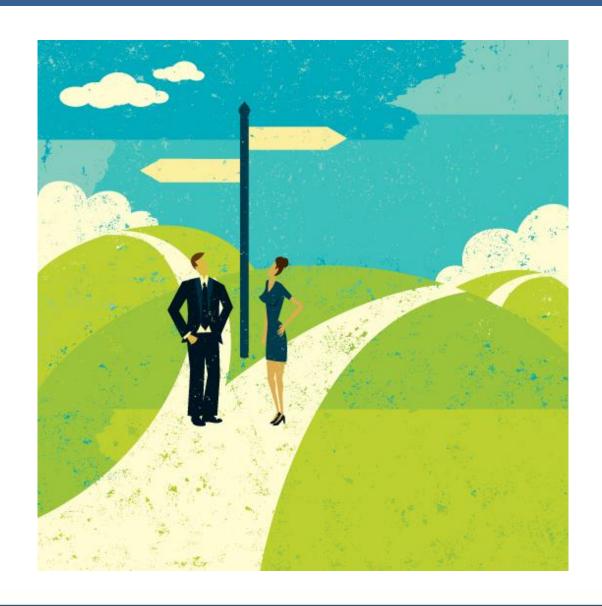


- Keep patients out of the hospital, ICU
- Timely utilization of palliative care and hospice services
- Recalibrate patient & family expectations

## **Moving Toward Value**



# Therefore, What?



## **Actionable Insights**

- 1. Accept that we are in transition the accountable care paradigm isn't going away
- **2.** Honest organizational self-assessment identify your strengths and where you have gaps move to close the gaps
- **3. Explore opportunities** approach local ACOs and health plans tell them you want to contribute to bending their cancer cost curve
- **4. Propose to take leadership role** with them in oncology-specific model Oncology Medical Home or Oncology ACO
- 5. Get your major health plan(s) engaged up front
- **6.** Address informatics infrastructure what clinical and business data elements are you measuring and how savings being measured?
- 7. Don't do too much volunteer work determine how you will be paid for all this excitement!

# Oncology's Fit in an ACO World

## Thank You for Your Interest

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